

Music, Songs and Rhymes

Regularly exposing children to a variety of music is vital to their all-round development. Music is a universal language that can unite people of all ages, cultures, languages, abilities and life experiences.

Music allows children to express themselves freely, socialise and communicate. In times of transition, music can be a welcome comforter and can ease a child. Music can be achieved on a minor budget by giving young children pots and pans and wooden spoons, containers with rice, pasta or other objects. Music doesn't need to be flashy or expensive.

Music can be used everyday in a variety of ways;

- Adults singing to or with children is a lovely way to promote attachment and help children settle.
- Percussion instruments, bought or made are a great addition to song time.
- Playing songs from a variety of cultures and genres will help to widen children's experience of music.
- Using specific songs or music to indicate transitional times of the day such as tidy up time or sleep time can be very helpful in preparing children for what's next

Whilst music is a wonderful addition to any day, it is important that music isn't played constantly so it becomes background noise as this can deter communication and can contribute to sensory overload for some children.



I Had A Little Turtle

I had a little Turtle, His name was Tiny Tim. I put him in the bathtub, To see if he could swim.

He drank up all the water And ate a bar of soap. And now he's in his bed, With bubbles in his throat.

Bubble, Bubble, Bubble, Bubble, Bubble, Bubble, Bubble, Bubble, Bubble Bubble, POP



The Hokey Cokey

You put your left arm in Your left arm out In, out, in, out You shake it all about

You do the hokey cokey And you turn around That's what it's all about

Chorus

Woah, the hokey cokey
Woah, the hokey cokey
Woah, the hokey cokey
Knees bent
Arms stretched
Ra-ra-ra

You put your right arm in Your right arm out In, out, in, out You shake it all about

You do the hokey cokey
And you turn around
That's what it's all about

(Chorus)

You put your left leg in Your left leg out In, out, in, out You shake it all about

You do the hokey cokey And you turn around That's what it's all about

(Chorus)

You put your right leg in Your right leg out In, out, in, out You shake it all about

You do the hokey cokey And you turn around That's what it's all about

(Chorus)

You put your whole self in

Your whole self out In, out,
in, out

You shake it all about

You do the hokey cokey And you turn around That's what it's all about

(Chorus)





The Music Man

I am the music man, I come from far away and I can play!
What can you play?
I play the piano...
Pia pia piano piano piano
Pia pia piano, pia piano

I am the music man, I come from far away and I can play!
What can you play?
I play the violin...
Vio vio vio violin violin
Vio vio violin, vio violi
Pia pia piano piano piano ...

I am the music man, I come from far away and I can play!

What can you play?

I play the saxophone...

Saxo, saxo, saxophone, saxophone

Saxo, saxo, saxophone, saxo, saxophone

Vio, vio, vio, violin, violin ...
Pia pia piano pia, piano...

I am the music man, I come from far away and I can play!

What can you play?

I play the big bass drum...

Big base big base drum big base drum

Big base big base drum

Big base big base drum

Saxo saxo saxophone saxophone

Vio vio violin, violin, violin ...





Five Little Monkeys (Use fingers, puppets, pictures)

5 little monkeys jumping on the bed One fell off and bumped his head

Mama called the doctors, and the doctor said

"No more monkeys jumping on the bed"

3 little monkeys jumping on the bed One fell off and bumped his head

Mama called the doctors, and the doctor said

"No more monkeys jumping on the bed"

1 little monkey jumping on the bed One fell off and bumped his head

Mama called the doctors, and the doctor said

"Put those monkeys right to bed"

4 little monkeys jumping on the bed One fell off and bumped his head

Mama called the doctors, and the doctor said

"No more monkeys jumping on the bed"

2 little monkeys jumping on the bed One fell off and bumped his head

Mama called the doctors, and the doctor said

"No more monkeys jumping on the bed"





Hey Diddle Diddle

Hey diddle diddle the cat and the fiddle
The cow jumped over the moon

The little dog laughed to see such fun and the dish ran away with the spoon

The Rainbow Song

Red and yellow and Pink and green Purple and orange and blue

I can sing a rainbow Sing a rainbow Sing a rainbow too

Listen with your eyes Listen with your ears And sing everything you see

I can sing a rainbow Sing a rainbow Sing along with me







Twinkle, Twinkle Little Star

Traditional

Twinkle, twinkle little star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle, twinkle little star
How I wonder what you are!

Alternative

Twinkle, twinkle traffic lights

Down at the station shining bright

Red means stop

Green means go

Amber means go but very very slow

Twinkle, twinkle traffic lights

Down at the station shining bright!





Five Little Speckled Frogs

Five little speckled frogs
Sat on a speckled log
Eating some most delicious grubs - yum, yum
One jumped into the pool
Where it was nice and cool
Now there are four green speckled frogs - glub, glub.

Four little speckled frogs
Sat on a speckled log
Eating some most delicious grubs - yum, yum
One jumped into the pool
Where it was nice and cool
Now there are three green speckled frogs - glub, glub.

Three little speckled frogs
Sat on a speckled log
Eating some most delicious grubs - yum, yum
One jumped into the pool
Where it was nice and cool
Now there are two green speckled frogs - glub, glub.

Two little speckled frogs
Sat on a speckled log
Eating some most delicious grubs - yum, yum
One jumped into the pool
Where it was nice and cool
Now there are one green speckled frogs- glub, glub.

One little speckled frogs
Sat on a speckled log
Eating some most delicious grubs - yum, yum
One jumped into the pool
Where it was nice and cool
Now there are no green speckled frogs - glub, glub.





Heads, Shoulders, Knees and Toes!

Head, shoulders, knees and toes, knees and toes Head, shoulders, knees and toes, knees and toes And eyes and ears and mouth and nose, Head, shoulders, knees and toes, knees and toes



This action song is great to get children moving. You can learn the words in different languages, and you can practice using quiet and loud voices, silly voices and sing it fast and slow!



Wind the Bobbin up

(rotate pointing fingers)

Wind the bobbin up.

Wind the bobbin up.

Pull, pull, clap, clap, clap.

Wind it back again.

Wind it back again.

Pull, pull, clap, clap, clap.

Point to the ceiling.

Point to the floor.

Point to the window.

Point to the door.

Clap your hands together, 1, 2, 3.

Put your hands upon your knee

(stretch arms high)

Wind a big one up.

Wind a big one up.

Pull, pull, clap, clap, clap.

Wind it back again.

Wind it back again.

Pull, pull, clap, clap, clap.

Point to the ceiling.

Point to the floor.

Point to the window.

Point to the door.

Clap your hands together, 1, 2, 3. Clap your hands together, 1, 2, 3.

Put your hands upon your knee

(Rotate little fingers)

Wind a tiny one.

Wind a tiny one.

Pull, pull, clap, clap, clap.

Wind it back again.

Wind it back again.

Pull, pull, clap, clap, clap.

Point to the ceiling.

Point to the floor.

Point to the window.

Point to the door.

Put your hands upon your knee







DIY Xylophone

What you will need:

- Cardboard tubes
- String
- Scissors
- Rubber bands (or more string/wool if you don't have bands)

Cut your tubes so that you have 5 different lengths (about 1" difference in length between each tube).

Start with your two smallest tubes and use a rubber band to fasten them together. Put the rubber band around one tube, twist it (so it makes a figure 8) and put the other loop around the next tube. Hold them in place and put another rubber band around the two tubes the same way.

Then, add the next biggest tube using the same method with the rubber bands. Keep going until you've added all of your tubes.



DIY Drum Set

If your feeling like you can manage some loud noise, banging a drum can be a great way to release some tension and have fun at the same time!

- Pots and pans of various sizes
- Wooden spoons
- Cardboard boxes
- Plastic tubs





RAINSTICK CRAFT FOR KIDS



Rain Makers

What you will need:

- Sturdy cardboard tube (the empty cardboard tube from an aluminium foil roll works)
- Paint or felt tip pens
- Paper
- string
- Rubber bands
- Scissors
- <u>P</u>ipe cleaners or craft wire
- Beads, rice, beans, or other material for inside the rain stick

Paint your cardboard tube and let it dry

Cut out two paper circles. Attach one circle to the end of your cardboard tube using a rubber band then fill your rain stick with whatever materials you choose.

Attach the other paper circle to close the tube and get shaking!

