

May 2024

# Thrive Parent Newsletter

Quarterly Newsletter brought to you by Thrive Childcare



## Hello from Laura, Group Operations Director

Hello families, Welcome to our very first Thrive parent newsletter. You will hear from us on a quarterly basis as we are delighted to keep you informed and updated on all things Thrive childcare and education.

Let me introduce myself, my name is Laura and I began my journey with Thrive last year and it has been my pleasure to get out and visit our amazing nurseries, meeting our wonderful teams and the children within their care.

Along the way one thing that stood out to me was that we could do more in terms of communication with our families so it is my goal to share with you quarterly newsletters from the support teams at Thrive in addition to your monthly newsletter that you currently receive from your nursery.

You may also notice some changes to our brand colours over the next few months as we move towards the softer colours you see within our newsletter. As childcare experts we know that children can become overwhelmed and over stimulated when surrounded by bright and varied colours in their environments.

With this in mind, our new, more subtle brand colours help to promote spaces that are warm and calming for children. Calm environments support children in their learning and development experiences at nursery.

Thank you and I hope you enjoy hearing our updates.



## Reminders and dates for your diaries

6<sup>th</sup> & 27<sup>th</sup> May - Bank Holiday

13<sup>th</sup> May – Mental Health awareness week

15<sup>th</sup> International Dinosaur Day

25<sup>th</sup> – 2<sup>nd</sup> – Edinburgh International children's festival

25<sup>th</sup> Shavuot

## My Body, My Brain, My World...

What makes us unique here at Thrive?

Let's focus on the three components of our Early Years ethos with our head of Quality development, Ursula



### My Body...

At Thrive we know that good physical health and physical literacy are vital for children to be in a comfortable state, able to fully access experiences and demonstrate readiness to participate, explore and learn. A healthy body requires movement, nutrition, hydration and protection from illness and harm to thrive.

### My Brain...

The first five years are a crucial period for children's developing brains as 90% of growth takes place during this time. Strong attachments with their carers and exposure to a wide variety of sensory experiences and language, are essential to laying the foundations for learning and development, as well as informing the personality and potential of each unique child.

### My World...

Children's life experiences are unique to them, so what they see as 'their world' will be different from others. As such, we take into account that children's needs and next steps may be supported in different ways.

Factors that contribute to children's unique world include; children's identity, family, culture, home, lived experiences, additional needs and their friends and community.

The 'My World' Component also considers our shared world; our planet, and the duty we have to ensure children are given the knowledge and skills that will promote the future sustainability of it. Children must experience the natural world in order to understand how to care for it.

**For more information about our curriculum offering scan the QR code**



## Staff spotlight – Kerry at Crewe 30 Years service

Huge congratulations to Kerry at our Crewe Nature Kindergarten nursery who is celebrating 30 years service this year.

Here she is with our CEO Cary on one of this nursery visits in April.

This is a huge achievement for Kerry and here's what her colleagues say about her:

*'Congratulations Kerry so many great years working alongside you. A true inspiration, always planning wonderful experiences and next steps for the many children who have been a part of your Early Years journey. Always demonstrating the nursery values and sharing a wealth of experience with your team members.'* Emma M



## Fundraising

### Red Nose Day/Comic Relief

Thank you to all of our nurseries and families who participated in some fun and exciting fundraising to raise money for this excellent charity in March.

We set up a Justgiving page as we are cashless in our nurseries and collectively as a group we raised a whopping **£1010**.

Comic Relief supports incredible projects and organisations that are making a difference for people across the UK and around the world.

## Refer a friend

**Did you know if you refer a friend to one of our nurseries you can receive £50 off your fees?**

Want to know more?

Speak to your nursery manager for more information.



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